

Packing List



KEY RECOVERY
AND LIFE SKILLS CENTER

Packing List for Patients

All individuals, at minimum, are required to bring one-week of clothing, undergarments, shoes, and a form of picture identification. Storage space is very limited.

Additional items you can bring include:

- Coat or warm sweatshirt
- Old work clothes (if you plan to participate in our work training program)
- Social Security Card
- Birth certificate
- EBT Cards
- Medical insurance card
- Contact information for all POs, CPS workers, courts etc.
- One-month supply of any medication currently prescribed to you (if you bring only a written prescription you will be required to pay for it when it is filled)
- Personal toiletries (curling irons, makeup etc.)
- Up to five personal photos

Packing List for Patients with Child(ren)

If you are enrolling with a child, you may also bring the following items. Please contact Family Services staff with any questions or concerns).

- Shot records
- School records
- Social Security cards
- Favorite toys
- Bike and helmet if available
- Minimum 12 days' worth of clothing
- Crib, car seat, stroller, etc. (if available)
- Two-month supply of any prescription medications

Patients are NOT allowed to bring any of the following items:

- Over-the-counter medications/vitamins without doctor's prescription
- Blankets, towels, pillows, or bedding (except for children)
- Money or valuables
- Electronics
- Tobacco/Vape products
- Aerosol containers
- Mouthwash or any grooming items containing alcohol

If you have a question about preparing for your stay with us, please contact Key Recovery and Life Skills Center by calling **206-767-0244**.